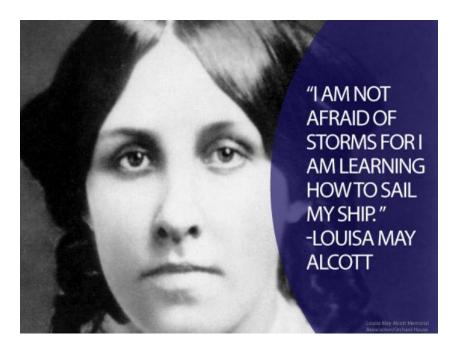
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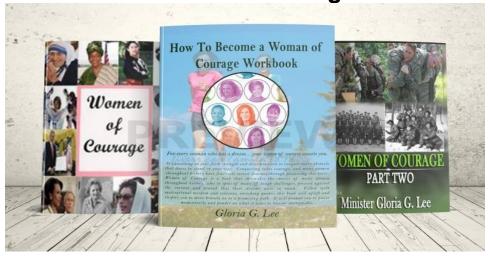
Women of Courage

Louisa May Alcott



Louisa Alcott was an American novelist. She wrote Little Women. She was also a feminist and remained unmarried throughout her life. She died in Boston on March 6, 1888. Here are some of her thoughts: "I believed that it is a much a right and duty for women to do something with their lives as for men, and we're not going to be satisfied with such frivolous parts as you give us." If you feel your value lies in being merely decorative. I fear that someday you might find yourself believing that is all that you really are. Time erodes all such beauty, but what it cannot diminish is the wonderful workings of your mind, your humor, your kindness, and your moral courage. These are the things I cherish so in you. I so wish I could give my girls a more just world, but I know you'll make it a better place. "Far away in the sunshine are my highest aspirations. I may not reach them, but I can look up and see the beauty, in them and try to follow where they lead. Women have been called queens for a long time, but the kingdom given them is not worth ruling."

Why You Should Purchase The Series Women of Courage



Are you ready to work towards realizing your dreams? Are you ready to take control of your life? Are you ready to join the thousands of women managing their lives for the better after Reading the series Women of Courage. Maybe you should Purchase the series Women of Courage today and become the woman you have always wanted to be.

Let us take another point of view: Are you downcast, emotionally and psychologically broken? Do you still finding it difficult realizing your deepest life aspiration and fulfilling your dream of ever becoming that courageous woman you have wanted? Have you ever been treated as lesser being to a man? Do you still wonder why so many women have been abandoned of, greater leadership position even after their immense contribution? Of a truth, this is no joke and has become so rampant in our civilized world of today. Now is the time to change this great inhumanity with the book title

WOMEN OF COURAGE

- No matter your age, status and color you can never be deterred to live a self-fulfilled and productive life.
- Breaking every barrier to exceed all expectations.
- Proving to the world that we are full of strength and boldness.
- Avoiding mistakes that most women make.

 Teaches you the right education and job to undertake regardless of age to compete with the male folks.

Don't you think this is possible? Of course, it is. In Women of Courage Your Will Learn That Day is Now.

Women of Courage said all the Days That You Promised Yourself Change That Day is Now.

That is Right. That Day is Now.

The Day You Were Going to Learn to Ride a Horse That Day is Now

The Day That You Are Going to Learn to Play the Piano That Day is Now

The Day You Learn to Fly an Airplane That Day is Now

The Day You Learn to Play a Guitar That Day is Now

The Day You are Going to Take a Helicopter Ride That Day is Now

The Day You are Going Mountain Climbing That Day is Now

The Day You Learn to Ski That Day is Now.

Keep Repeating This Phrase to Yourself, That Day is Now

Put a Note on Your Refrigerator That Day is Now

Put a Note in Your Car That Day is Now

Put a Note on Your Mirror That Day is Now

Now Walk into Your Future with Change on Your Lips

In Women of Courage Your Will Learn That Day is Now The Day You Learn to Ride a Horse That Day is Now When You Learn to fly a plane That Day is Now The Day You Lose Weight That Day is Now The Day You Return to School That Day is Now The Day You Learn to Be a Pastry Chef That Day is Now You Have 13 Days to Make a Difference in Your Life What Are You Going to Do?

In Women of Courage You Learn it is Not Too Late to try something new

To seek your dream.

In Women of Courage Your Will Learn

This is the Day You Fly The Plane

This is the Day You Ride a Horse,
This is the Day You Take That Helicopter Ride,
This is the Day You Go Mountain Climbing,
This is the Day You Learn to Ski.

This is the Day – That Day Is Right Now!

This is the day your stop smoking because you are worried you husband is going to leave you. This is the day you stop worrying about being fire and go register at the university. This is the day you stop drinking in your car during your lunch hour and you quietly leave your hateful husband and the state without telling anyone. This is the day – Act now and change your life.

Women of Courage says Let No Man or Woman Tell You That You Will Never be a Nurse That You Will Never be a Judge That You Will Never Command a Starship Because These People Do Not Know Any Better.

They Are Speaking From The Disaster They Made of Their Lives.

They Believe You Can't Do Any Better With Your Life Than They Did With Their Life.

In Women of Courage Your Will Learn When We Work Together We Win. In Women of Courage Your Will Learn if Your Dreams Never Came to Anything it Time to Revive Them – It is Time to Take a Trip to Seattle.

In Women of Courage Your Will Learn "Women Have Been Called Queens For a Long Time, but the Kingdom Given Them is Not Worth Ruling." Louisa May Alcott

In Women of Courage Your Will Learn that Betty Davis, was born Ruth Elizabeth Davis. She Became Betty Davis Once She Made up Her Mind That She Was Going to Be a Hollywood Star.

This and more you can find out in the book of WOMEN OF COURAGE.

Don't be discouraged!

YES! You can live a life you want to and be the person you want to. Be a goal getter!

Take this bold step to order and purchase these life changing books, so as to learn the detail of the struggles and limitations women faced before becoming the icon they are today.

Then you can avoid mistakes too.

I am going, to be honest with you here.

There is only one inspirational book which has encouraged me not to be fearful as a woman but to take a bold but little step to changing my low-self esteemed and total life situation positively so quickly and greatly.

My Little Secret Has Been the books titled **WOMEN OF COURAGE.**

This Book is so amazing and knowledge packed.

Before now, there hasn't really been a right/perfect time to do the right or perfect thing.

Most often than not, I have continued to wait for the right time to have things done but it always never comes. Not Until I Got Hold of The Books (Women of Courage) to Gain Knowledge and Becoming a Woman of Purpose. Only Then I Was Able to Create The Perfect and Right Time to Grab Every Opportunity That Confronted Me.

- I was strong and determined, never to let too comfortable and to stop growing.
- I was able to use and control my anger and temper for the right course.
- I became the woman of courage that was not deterred of what people say
- I created and took advantage of every opportunity where people saw as limitations,

Thanks to The Story of Many Courageous and Determined Women of History my life has been changed.

From The Author of Women of Courage

The purpose of my writing is to affect a change in the status of women living in America thereby improving their lives and the lives of their children. I introduced the subject of courage to cause women to look at themselves differently. Women are more than their breast and buttock size. Women have poor self-images of themselves and this needs to change. They need to see the sacrifice made by millions of women years ago and the sacrifice made by millions of women today so they can appreciate themselves. Contrary to popular opinion, thousands of women have died trying to be free. Women raped and murdered on college campuses were trying to be free. Waitresses murdered after work were trying to be free. Women murdered walking to and from work were trying to be free. Women who divorced their husbands were trying to be free. Women working alone in convenience stores were trying to be free. Let no one tell you that women have not died trying to be free. Every day when women go to college, wait on tables, walk to and from work, or divorce their husbands they exhibit courage.

Women of Courage presents a view into the life of more than 700 women. The women are of all nationalities, ages, and professions. They range from a CEO of a movie studio to a housewife. Their lives are presented as a testament to the courage it takes to be a woman. This book is important because some men and some misquided women do not want to recognize that being a woman is a unique experience for a human being; that women are not akin to farm animals for breeding. It takes more courage to be a woman in this society than it takes to be a man. What woman does not know she is the prey? The role of the female is defined and controlled by the male. When the fear of God does not work to control women from the pulpit, violence and murder soon follows and "let the congregation say amen." If you can't win cheat. When you read the series **Do This In Remembrance of Me** at https://nisv.info you will learn the lives of some women are controlled by other women, namely the mother in law and the sister in law. In laws can be just as violent as a woman's husband. To protect their sons some women will wash away the blood.

If you read any history book women are defined by their breasts or buttocks but never by courage. When have you ever heard the word valiant used to describe a woman? History tells women push your breasts out, or flop your buttocks around, get noticed, marry, have children, then die. Any woman who does not subscribe to this recipe will be ostracized and called dirty names; slut, whore or dyke. History books describe women with respect to their beauty, cunning, connivance but never courage. Men cannot have women believing they can be self-determinate. Yes there was Joan of Arc but they burned her at the stake. "That is what you get for betraying men and thinking you could lead." When women wanted to congratulate themselves after the enactment of the 20th amendment to the Constitution by stating they conducted a war without firing a single shot, men loudly raised their voices and called the women ugly, using the word ugly to nullify their significance. There was no war. How can a woman be a combatant? How can there be a war without guns or casualties? How can women say they conducted a war just to get the right to vote? "If you do not be quiet, we shall return you to your former status. All we have to do is make certain you lose your state or government jobs, and destroy the union. We will force you back into slavery by forcing you to have more children." Just as some legislators are doing all over the country right now. These politicians shout "We have women who read the Bible on our side willing to help us." "The greatest weapon in the hands of the oppressor is the mind of the oppressed." Stephen Bantu Bilko b 1946 d. in police custody 1977 South Africa.

Women have been oppressed for centuries because their minds were conditioned at birth by males to know their place in society. Women walk around with the Bible in their hand with verses in their mouths, poor as a church mouse while their children go to prison or prostitution for the lack of an education or opportunity for a job; while the politician they believe in counts his money from donations and walks merrily to the bank thinking about taking his mistress to Aruba. Women are purchasing products every day from companies that are not only discriminating against them, but these companies are lining the pockets of politicians with money so these politicians can enact law to keep women depressed and enslaved. People need more than the Bible to survive. People need to pray, work, read and think and most of all people need to

deal with their fears. Just because you graduated from high school or college doesn't mean you can think. You need to expose your mind to other cultures other people, and I do not mean just going to a restaurant eating Chinese or Japanese food. If you have never sat down and talk to a Honduran, what do you know.

Women of Courage was written for the 50-year-old woman who does not know how to drive because her husband insisted on doing all the driving. Women of Courage was written for the 60year-old woman who still wants to return to school after facing the laughter of her peers. Women of Courage was written for all the women trying to reclaim their lives after being forced into prostitution. Women of Courage was written for the young Haitian child abducted while trying to work or sold into sexual slavery because her mother could not afford to feed her. Women of Courage was written for all the children left motherless upon the murder of their mother. Women of Courage was written for the woman who still dreams of a meaningful life after sleeping beneath an ineffectual man. Women of Courage was written for the young girls who are relegated to sitting in the back seat of the family car while their brother sits up front with their father. Women of Courage was written for the young woman whose mother allowed her genitals to be mutilated according to an antiquated custom. Women of Courage was written for the woman who is always trying to get the attention of her best girlfriend's husband. Women of Courage was written to force this woman to answer the question, "Why out of all the men in the state are you trying to attract someone else's husband?" Women of Courage was written to bring hope and light into the lives of women to rectify the injustice done to women by a history written by men.

"It was not right I had to stand up for myself. I am not worthless" Lilly Ledbetter, 2012

The United States Supreme Court denied Lilly Ledbetter justice. Men shall be paid more than women for the same work. Goodyear does have the right to discriminate based on gender. Imagine Ms. Ledbetter's humiliation. She worked all those years trying to be a good employee, yet she was kicked in the behind because her male counterparts were being paid so much more than

her and they could expect a cushy retirement. As you read I want you to consider this: June 6, 2018 ABC reported on an article published by Forbes 100. ABC said, in their article, No women made the 2018 Forbes 100 highest-paid athletes list. Let this sink in. This is the year 2018 and women are still not being paid equitably. Forbes said, Serena Williams earned an estimated \$18 million last year because of deals with the likes of Nike, JPMorgan Chase, Gatorade and others. However, that was about \$5 million less than NBA player Nicolas Batum, who landed the 100th spot on the list. For all the hell and fury that comes from soccer star, Megan Rapinoe, she did not make the cut. Let me say it again in case you missed it.

During the June 6, 2018, Good Morning America Show it was announced that no woman made the 2018 Forbes 100 highest-paid athletes list. Even Tennis champion Serena Williams did not make the list. She earned \$18 million last year but that amount was about \$5 million less than NBA player Nicolas Batum made, he was the 100th spot on the list. Let me repeat this Serena Williams made \$5 million dollars less than the last male on the 2018 100 highest -paid athletes list. Yet Boxer Floyd Mayweather earned \$285 million last year, soccer players Lionel Messi at \$111 million and Cristiano Ronaldo at \$108 million. The mixed martial arts star Conor McGregor earned \$99 million, soccer player Neymar earned \$90 million, Cleveland Cavaliers star LeBron James at \$85.5 million, tennis player Roger Federer at \$77.2 million, Golden State Warriors guard Stephen Curry at \$76.9 million and NFL quarterbacks Matt Ryan and Matthew Stafford at \$67.3 million and \$59.5 million, respectively. Do these figures not smack you in the face with the inequality of payment to women for the amount of work they do. I will never purchase any products made by Goodyear. Here is another fact for you:

In an article, entitled <u>Women Work More Unpaid Hours than</u> <u>Men in Every Region of the World</u> written by Kashmira Gander on 5/24/18 – this article stated that women work more hours per day than men. women spend their time doing unpaid labor. According to the UN, unpaid care often includes duties such as preparing meals, cleaning, washing clothes, collecting water and food. All of this can come under the umbrella of looking after children, family members and those with disabilities, without financial reward.

Women complete 2.6 times more unpaid domestic labor than men, suggesting that despite also being in the paid workforce they still bear the brunt of caring responsibilities. Gender inequality transcends working hours, as the gender pay gap stands at 23 percent globally. And it will take another 68 years to achieve equal pay. This is mirrored by OECD figures that showed women spend 271 minutes, or around 4.5 hours a day on average, carrying out unpaid work across the world. That stands in contrast to 137minutes, or just over two hours, for men. On top of this, one in five women and girls have experienced physical and or sexual violence by an intimate partner within the last 12 months, according to the UN report, and are often more likely to go without food than others when faced with poverty. Do these facts not take your breath away?

Yet most of all Women of Courage was written to say to women that the worse death for anyone is to die a death after living an unhappy life. The most powerful woman in the world is you if only you believe. Stand up and make an accounting of your life. Live for something and die for something. See Articles: Republican Claims Democratic Congresswoman Will Lose Because She's 'Ugly As Sin' "Army colonel: 'Ugly women are perceived as competent,' so use them in PR effort"

Do you know how many divorced women are murdered each year by their ex-husbands? Do you know how many married women attending college are murdered each year e.g. Mrs. Kaiden Ramsey, 22, 2009, Mrs. Monica Long, 21, Mrs. Nancy Lynn Wanless, 21, and Mrs. Diana Gonzalez, 2010. Do you know how many women are assaulted on the street going to or from work: e.g. Between December 30, 1987 and January 19, 1987 Mr. William Marguetty, 28, of Massachusetts stabbed four women on the streets of Quincy and Milton. He attacked the women in broad daylight. Two women were walking to work another woman was jogging. Aphrodite Plakias, 28, was stabbed December 30, 1986, and Kelda Caldwell, 28, was stabbed January 16, 1987. Both women were from Quincy. Patricia Sullivan, 42, of Medford was stabbed January 19, 1987. She was walking to work. The women survived the attack. After Mr. Marguetty was arrested and charged with the murder of Ann Gillietti he was charged with assaulting the four women. February 26, 1988 Judge Roger J. Donahue of the

Norfolk Superior Court sentenced him to 80 years in prison for stabbing four women. The judge said, "This is a case that demands severe punishment." Many of the women assaulted and or raped and murdered in Northern Mexico are assembling line workers trying to make living to take care of their family. There is no way these murders should continue on our borders. History never describes women with respect to courage. We think about perfume, lipstick and brassieres when we think about women. Women are inundated by brassiere ads. Newspapers and television still refer to women by their bra size. Newspapers and television have totally disregarded showing women working in the trenches of society. Newspapers, magazines and television continue to feed women a daily diet of beauty. When have you heard these mediums describe women with respect to reading, with respect to knowledge or courage? Never!

Women are always described with respect to perfume, lipstick and brassieres. We never think that it takes courage for a woman to live. We never look at the amount of violence inflicted upon women every day and we never think about what courage it takes to face this violence day in and day out. If you want to know the courage it takes to be a woman read the stories of the Black women lynched in this country. It is not by accident that the news mediums of this country attempt to brain wash women day in and day out. It is all about money. These mediums did the same to the black slave. Malcolm X once said that some black slaves were so indoctrinated that when their master said he was sick the slave would say "we're sick." Women are constantly being told to enhance their breast or buttocks never their mind. Women do not appreciate they are the largest work force in the world and their bodies are being sold every day for 10 cents on the dollar. Women need to realize the only people who can bring about this change in the status of women are women. No one else can bring about this change other than the woman. Women must begin seeing themselves in a new light. Women are going to have to make up in their minds once and for all that they want to be free in mind and body. Women are going to have to make up in their minds that freedom is something that is taken not given. Women, especially American women, are also going to have to accept the fact that their daughters may not want to live the life their mothers lead and if American mothers refuse to stand up for their right to selfdetermination their daughters may find themselves on the battlefield.

Women do not want to be told what to do any more by their husbands or society. Women do not want to be told where to eat, what to wear, what car to drive what house to buy or how many children they must have. If men and the church continue in their efforts to return women to their 1940 status, women will find themselves with a gun in their hand. This country fought one war based on color let us not fight a war based on gender. Finally, women are going to have to accept the creed one for all and all for one. We are the same whether you are a White woman from Georgia or a Black woman living in Arizona. We are the same. Hate if you must but ignorance is a plague on us all. When Planned Parenthood is attacked it affects us all. Just as many poor White women will be without needed health care as Black women. We are one gender. You may want to believe that money and privilege differentiates you from me but the deciding factor in life is courage and self-determination. I wrote Women of Courage because I believe women must begin at home if a change is going to be seen everywhere. I wanted to acknowledge that the women of India are standing up against rape. Women of Saudi Arabia are standing up for the right to drive and the women of Africa are standing against genital mutilation. Sadly, alas Afghanistan women are still being forced to marry their rapist.

In my writing I chose various topics and related the topics to religion. I discuss religion in my writing because religion is truly a medium of **change**. Either one believes in God or he or she does not believe in God. For those people who believe in God, who say they are a Christian, my writings should cause them discomfort and cause them to reflect on their behavior toward others. For those individuals reading my book who do not believe in God, the gospel will be there for them to evaluate their conduct with respect to their sense of right and wrong.

Do not be apprehensive by my discussion of religion. I am neither a zealot nor a member of the America Taliban believing religious dogma should be forced down the throats of others; believing I am the only person who knows what is right. I am no such monster. I do not believe in bombing abortion clinics,

shooting doctors, or standing on television telling people they are going to hell. I see religion as a tool. Religion is an excellent tool to use to change behavior. One read of The Devil's Cauldron and If You Believe In God You Don't Belong In Prison will demonstrate I have much more on my mind than religious conversion. I am not a do-gooder trying to save souls. I am a do-gooder trying to save the lives of thousands of women and children each year and to prevent the sexual exploitation of women and children.

I use religion in some of my books to explore ethics and social responsibility. I developed this style in 2004 when I started writing The Career Rapist. I was sitting at my desk asking myself, "Why such violence?" when I saw the problem. I saw there was a lack of morals and lack of empathy and social responsibility causing violence against women. I saw a lack of God. There were no social constraints exhibited by men. Theodore Roosevelt said, "To educate a person in mind and not in morals is to educate a menace to society."

In this book I deliberately developed the subject of courage to lead into instances of violence against women and children. I could not complete a discussion regarding courage without discussing violence against women. There is a corollary between violence against women and children and economics. There is a corollary between violence against women and children and the abuse by church leadership. Church attendance by women is far greater than men, yet they rarely hold office in the churches. The churches are run by the pastor and the deacons. 'Have women help you build bigger and bigger churches while children starve.' Maybe the children can eat the manicured grass in front of the church. There is a corollary between violence against women and children and education and employment. And there most certainly is a corollary between violence against women and children and the lack of character and integrity in individuals that bring about this violence.

Most assuredly it is new, the mixture of religion and violence against women but what better pairing is there when discussing violence against women and children? For it is the church that dictates the morality and the conduct of a country and since men are the perpetrators of violence and men hold the seat of power in

every religion in the world it is fitting that the problem of violence against women and children be brought to the doorstep of the church since the church has ignored the abuse of women and children for centuries. There should be finality to the solving of a problem. Either we eradicate the measles, or we do not. Either we eradicate violence against women and children, or we do not. What will it be? The church needs to answer this question instead of preaching every Sunday about sinners going to hell and women doing what their husbands tell them to do.

My final point to women is they need to study economics. They really should begin to understand their relationship to the country's economy. America is the richest country in the world, yet we have millions and millions of women and children living in poverty in every state of the union. This should not be. Poverty and the lack of education is blight on this nation. Class, poverty and the lack of an education are factors that are excluding people from the job market. How can our GNP be 14,074,200,000 and we have 5 million men either in prison or associated with the criminal system on parole, probation, etc., and we have millions of women and children living in poverty? The men in prison and the women and children living in poverty are not enjoying this gross national product. Our prisons have become holding structures for men (both young and old) that the country believes it no longer needs. If you cannot read or write, what good are you so we shall put you in prison? Since you are among the excess children being born in this country to indigent mothers and absent father, we are going to put you in prison. You do not have any money so sooner or later either you are going to steal or kill and then we shall put you in prison. This type of disparity is what fosters counter cultures.

When a man is refused employment, he does not go home and blow his brains out he creates a system of economics based on stolen cars, the selling of drugs, and other illegal activities. Imagine what the GNP is for the average dope dealer or the man who peddles flesh. Every country in the world has got on the band wagon of selling drugs and women and children in America. Come to America and sell your drugs. Come to America and prostitute your women. Riches await you. So when a man is refused employment he begins selling women and children, or rapes them.

The gross domestic product (GDP) or gross domestic income (GDI) is the <u>measures of national income and output</u> for a given <u>country's economy</u>. GDP is defined as the total <u>market value</u> of all final goods and services produced within the country in a given period of time (usually a <u>calendar year</u>). It is also considered the sum of value added at every stage of production (the intermediate stages) of all final goods and services produced within a country in a given period of time, and it is given a money value (source Wikipedia).

Women are told everyday through television and magazines the only way out of poverty is through sex and the use of her body. Herein lies the trap. The way out of poverty is not the use of one's body; the way out of poverty is education and the abstinence of sex. Television and magazines make their money selling sex. What good would television and magazines be to advertisers if they told women to read, read and read? There would be a translation of power and who wants that not the men who are running this country. The church and thousands of businessmen make millions of dollars by keeping women ignorant and desperate. There arer thousands of mean hateful men in this country saying, "Change is coming spread the word." Levy Beecher

Women face violence every day. Women face sexual violence, economic violence and physical violence every day and no one discusses the courage it takes for women to face this violence and continue to try and live as person. Think of the courage it takes for a woman to board a bus early in the morning before dawn just to get to work. Do not think she is not scared. Think of the courage it takes for a woman to walk home around 10 pm after working a full day at a fastfood restaurant. Do not think she is not scared as she walks home. Everyone working at McDonald's cannot afford a car. Question, do you know of the number of women murdered each year while trying to get to work?

Go to the website and click on the link women murdered at work. The women listed are just the tip of the iceberg. Join me in this fight to full liberation of women

Murdered at Work

Alma Steinigeweg, 18, was murdered November 3, 1904, in Cincinnati, Ohio while waiting for a streetcar on her way to work. She worked as a telephone operator.

Diane Maxwell Jackson, 25, was raped and stabbed to death December 14, 1969, after **arriving to work** at Southwestern Bell in Houston, Texas. She worked as a telephone operator. She was accosted after she parked her car. Her assailant was convicted November 24, 2003. Every state in the union had a rash of murders committed to telephone operators.

Mrs. Teresa Beiser, 36, a mother of two, was killed at work November 11, 2009, in Portland, Oregon by her estranged husband. She had recently filed for a divorce. Her husband killed himself. According to the Bureau of Labor Statistics Census of Fatal Occupational Injuries in 2001, approximately 31% of workplace fatalities of women were caused by interpersonal assaults. According to the Bureau of Labor Statistics' (BLS) Census of Fatal Occupational Injuries (CFOI)system data for calendar year 2003, homicides were the second leading cause of death of the job for women, and 15% of the 119 workplace homicides of women in that year were attributed to a current or former husband or boyfriend. Between 1993 and 1999, an intimate was responsible for 45% of homicides of women age 20-24 and almost 40% of homicides of women age 35-49. 30% of women murdered in the United States in 1999 were murdered by a husband, former husband, or boyfriend. 31,260 women were murdered by an intimate from 1976-1996. Bureau of justice Statistics

Carlene Pierre, a mother of 3, and her coworker, Vanessa Gonzalez-Orellanes, both 28, was shot to death September 27, 2012, **at work at** the Quality Suites Universal Central, in Orlando, Florida. Ms. Pierre worked as a manager. The murders happened less than a day after Ms. Pierre's ex-boyfriend was served with an injunction that ordered him to stay away from Carlene Pierre. After the shootings, her ex-boyfriend drove several miles to Westgate Lakes Resort and Spa, where he shot and wounded Pierre's friend, 31-year-old Jean Guerline. Two women lay dead because a man could not walk away. Later he killed himself. Carlene Pierre, Vanessa Gonzalez-Orellanes and Jean Guerline were best friends. Ms. Guerline survived. Ms. Pierre aspired to be a nurse she was close to graduating. Her ex-boyfriend had numerous battery

and domestic violence cases since 2001, involving two other women. <u>Jean Guerline</u>, "If we don't want to be with someone, they don't have a right to **murder** us. That's not fair." Michaelle Desruisseaux – sister, "It wasn't until Pierre was pregnant with his child two years ago when we started to witness the violence." "The police are like, you have a restraining order, you've already done everything you're supposed to do. "Eventually he'll leave you alone. Really? Did he? No. He didn't. Because she's dead now. "My sister did everything to protect herself, but that wasn't enough" "We had faith in the system. We were like the system will protect the woman because that's what they always say."

Jazmine Trotter (identical Twin), 19, of Cleveland, Ohio was raped and murdered March 22, 2013. Jazmine left **walking to work** at 4 am, in the morning. She never arrived. Her body was found by family members behind an abandoned home. Her murder remains unsolved. Where was your son or husband the morning of March 22, 2013? The Cleveland Division of Police is asking that anyone with information in connection with this incident to contact the Homicide Unit at 216-623-5464

Kaitlin Gerber, 20, was shot to death March 24, 2013 **while driving to work** in Toledo, Ohio. Her ex-boyfriend later committed suicide. He was released from the court February 27, 2013 after pleading guilty to one count of violating a protective order. There was a presentence report scheduled for April 1. Apparently, the court did not take the threatening behavior of her ex-boyfriend seriously. If he had been convicted of a greater charge and or sentenced the day of his conviction Ms. Gerber would be alive today. The courts do not seem to take stalking seriously. Her friends called her ex-boyfriend a monster. He was a miserable human being.

Mrs. Melinda Schaefer, 29, was stabbed multiple times June 14, 2013, in the leasing office **where she worked** as a Property Manager in Reisterstown, Maryland. Her body was found around 11 a.m. by a custodian. She was recently married. August 21, 2013, 27-year-old Rashaan Williams was charged with first degree murder. Mr. Williams was a maintenance worker at the Townes at Harvest View apartment complex. He met with the victim shortly before she was murdered.

Velacita Jones, 39, a mother of three, was shot to death July 8, 2013 outside the Hardee's restaurant in Hopewell, Virginia where

she worked as a manger. Another Hardee's employee was shot after coming to her aid. She was a native of Prince George. Her ex-boyfriend came to the restaurant and began to argue. Ms. Jones went outside to try and calm the argument where she was shot. The U.S. Marshal's Fugitive Task Force picked up Joseph Lemue Green, 62, of Prince George County that afternoon. Mr. Green is charged with first degree murder and attempted murder.

Mrs. Andrea L. Kruger, a 33-year-old mother of three, was shot to death August 22, 2013, in Omaha, Nebraska while **on her way home from work**. Andrea Kruger was found along the road shot to death just after 2 a.m. She worked as a bartender. She left work alone. She lived about two miles from where her body was found. Her SUV was found abandoned in an alley. Carjacking's are a federal offense punishable by death. Her murder has not been solved. Where was your husband, your son, your father, your brother, or your boyfriend at 2'o'clock the morning of August 22, 2013? Was he home?

Mariah Anderson, 22, a mother of 3, was shot to death inside her vehicle in Union Township, Pennsylvania November 18, 2013. Several shots were fired into the vehicle at about 11:15 p.m. She had **just gotten off from work** and was driving away when she was shot. She was escorted to her car by a coworker. There was a protection from abuse order in effect against her ex-boyfriend. Her boyfriend was banned from entering the property where she worked. He did not care. The police had taken the ex-boyfriend away from the store a couple of times before the shooting. Her sister said,

"Every day, he'll be at her job, sitting out, waiting for her to get off so he could follow her. Every day, she would have to call the police." "It got to the point where he was hiding in her trunk of her car and just following her around from work and having people go to her job, watching her.

Maria Gonzalez, a mother, was murdered November 28, 2013, Thanksgiving Day in Jefferson Park, Illinois. She was on **her way to work**. She was attacked just as she was getting in her car. Ms. Gonzalez was pronounced dead on the scene at 5:22 a.m. She was stabbed 11times her throat was

cut and her purse was stolen. She was nearly decapitated. Maria Gonzalez worked at a nearby Dunkin Donuts and was headed to work when she was killed. She left around the same time every day. Ms. Gonzalez moved to the block about a month ago. December 12, 2013, Alberto Gaytan, 42, her ex-boyfriend was arrested and charged with murder. A plea bargain will be made for manslaughter, and he will be off to prison for a few years then paroled. Plea bargains save the state money. It is not like Mr. Gaytan killed someone important. Maria Gonzalez was just a woman.

When lust has satisfied itself death follows

Women are much more likely to be targeted when workplace shootings involve co-workers or other individuals who know the victim.

Relatives and personal acquaintances are responsible for only 4 percent of workplace homicides of men, but represent 28 percent of women's murders in the workplace.

80 percent of workplace killings involve a gun.

Retail stores have about 24 percent of fatal shootings, followed by hotels, which represent 17 percent of fatal attacks

U.S. Bureau of Labor Statistics (BLS) workplace fatalities data:

Women need to understand the use and abuse of their bodies is tied to the economy. Just like the use and abuse of the Black man's body was tied to the economy. There are more than 25 million children in this country that have lived in homes without their fathers. Many of these children are the result of the advertising frenzy directing women toward sex and using their bodies to either seek husbands or to make a living. The absences of fathers in the home have devastated this nation. Women are living without the necessary mental and physical support of a husband and children are living without the necessary mental and physical support of a father. We now have a under culture that negates fatherhood and advocates men living alone calling women to their apartment only for sex. Just like the words television and submarine were

introduced to our society and became popular we now have two vulgar phrases, booty call and my baby's daddy, becoming popular; so popular that one hears booty call and my baby's daddy being used on television nightly. These phrases are used in jokes all across America. How can the phrase my baby's daddy be funny?

In closing, my true wish once you have read this book is that you will look at yourself and other women differently. You have no idea of the personal battles a woman is fighting especially those trying to take care of their children. I want you to truly understand the courage it takes to be a woman.

To leave one's husband with five children in tow is truly an act of courage.

P.S. For the second time since I began this project a man told me women would not read my book. He said women will feel they have something better to do than to read a 600 page book. Let us see if he is right. God Bless.

WOMEN OF COURAGE



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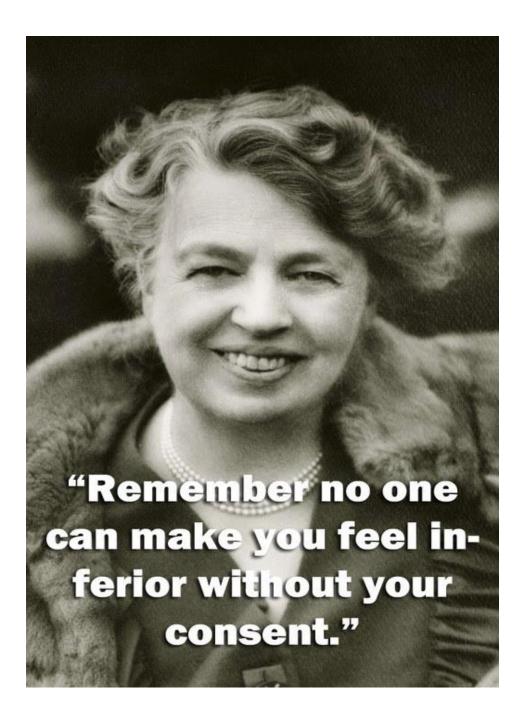
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Volume One The Deadliest Moment - Part One and Two Volume Two Murder in the Family - Part One and Two Volume Three The Career Rapist - Part One, Two and Three Volume Four The Recidivist - Part One. Two and Three Volume Five The Ultimate Punishment Volume SixAnd Suddenly Volume Seven The Silent Killer

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"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great." — *Mark Twain*



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Preface

"Knowing the facts is easy. Knowing how to act based on the facts is difficult." Han Seizi

When I write I like to say hello to my readers. It may seem unorthodox or a little weird, but it makes me feel closer to you. It makes me feel better that we are in agreement. A hello makes my books seem like we are having a conversation. It makes me feel like we are sitting talking over a cup of tea. I see a nice room there are paintings on the wall. There is color in the room. It is a cool day and we are smiling and enjoying one another's company. The time is pleasant. A conversation is a much warmer and friendlier human intercourse than lecturing or advising. A conversation closes the chasm between people. We become intimate. The mask is removed. We become concerned with one another's welfare. We share our thoughts. We share our dreams, desires and values.

I had hopes and dreams. I shared some of the same dreams that some of the women I wrote about. Some dreams I did not realize. Yet I learned encouragement is the key to realizing a dream whether that encouragement is from the outside or inside. We all need nourishment. Therefore, one of my goals is to give you the nourishment you need, so you too can become a woman of courage. So, you will step off into the unknown with courage and resolve because courage is what it takes to realize a dream. I feel deeply when I see women in their 50's 60' and 70's angry over the circumstances of their life. They moan the lost years where they did not live the life they wanted. They are angry that they did not follow their heart especially women born in the 1940' and 1950's. These women were told what to do. Go to college. Become a teacher. Get married then be satisfied with your lot. I hope this book will give women the encouragement not to be satisfied with someone else's design for their life. I wrote this book so you will fight for your life and not settle for someone telling you not to dream.

When I was young my mother introduced me to cooking. She taught me how to organize a kitchen how to keep it clean; how to prepare meals etc. The only problem is I hated cooking. I hated aprons. I hated cleaning curtains. Anything to do with the housework I hated it. I wasn't interested in pressing pillowcases or sheets. I

wanted to read and work. The fact that I hated the kitchen and anything to do with domestic chores brought me in direct conflict with my mother. My mother believed a woman should be trained thusly. I did not agree. I ran away from home several times because I refused to wash the dishes or cook. My mother and I battled until I was sixteen years old. Finally she stopped trying to domesticate me. As long as there are restaurants there never has to be a kitchen in my house. I paid a severe price for my defiance. Which is why I put this before you; everyone in this book paid a price for her independence and her sovereignty. When you stand up and say to the world I am a person, you will pay a price. Be prepared. That price might be years of isolation. The world is always trying to tell women who they are and who they are not. And when you do not accepted the world's definition the world applies pressure to bring you into submission. This is why women are still under the control of men. Women fail to act as a group. They still accept the world's definition of women they are and who they are not. Some women spend a lifetime demeaning other women. They spend a lifetime gossiping. Always pointing out someone else's character. The lives of women are miserable because of the division in its ranks. As long as women remain subjugated men do not have to share the wealth or resources of this country. They can remain in control deciding who lives and who dies. Right now there is a court case being argued by the United States justice department. The department is arguing that employers should be able to fire men and women who are gay. Do you see the implication of allowing employers to have such power? After this case no one is going to have any faith in the justice department.

Who is behind this change in position? The Evangelicals! People are being betrayed by their own ministers. They made a deal. We will get our people to vote for the current president and he will help us make certain people live the way we tell them to live. The torture chambers that the church established to drive the gay out of people was not enough. Now they want to force gay men and women to living on the street. The church can continue feeling superior. This is a horrible legislation no one will trust the justice department after this. No one! The justice department is now aiding the church to keep people imprisoned. This act is a back door attack to counteract the America people allowing gay people to marry. If you are gay the church can keep you from getting a job if you marry. This is why

church attendance is down. People are beginning not to trust the church. The church is fighting tooth and nail to keep crimes against gay men and women from being labelled hate crimes. If the church is right why does the church have to make back room deals in the dark with legislator? If you can't win cheat. The American people said gay people should be able to marry. Not satisfied with the will of the people we are going to impose our views on the majority. You can marry but you will be unemployed. How hateful!

I am always problem solving and it makes me feel satisfied when I believe I have been successful in changing lives. Our time together, I want it to be meaningful. I am taking my time with the subject matter because it is extremely difficult to change a person's mind especially if they think they are smarter than you or they have a hidden agenda. I recently learned that you can speak to people over and over again and demonstrate information logically and individuals will not change. There is something inside them that causes them to resist change. I also learned the most dangerous person on the planet is an ignore person. Ignorant people love to give advice. They love to give their opinion even if their opinion is not based on fact. I found that often times when a person is undecided they will seek advice from other people. If they seek advice from a person that is emotionally driven or is ignorant, that person will be given the wrong advice and there is nothing anyone can do about it. Ignorant people speak with authority although they know beans about the subject matter. Ignorance is not hereditary but it is transferred from one generation to the next. This transference is probably because the child learns from the parent who is in authority. Their authority is believed by the child unless something or someone intervenes and sheds light on the subject. If a person can get to college, without being too damaged, they stand a chance of developing a life not based on superstition on assumptions or fear driven thinking. But if that person remains in a primitive environment where thinking is fear driving there is no hope that that person will live a long and fruitful and healthy life. Negative will always govern their thinking.

I spent two years mentoring a woman. She shook her head ok every time we talked. She acknowledged the situation but when it can down to her actually changing to meet the event she failed the test. She could not approach the cliff. Her life will go on but she will not realize her dream because she did not really listen she kept telling

herself that she was smart. She learned a pattern from watching others and she believes if she duplicates that pattern she shall succeed. Learn this if you learn nothing else from this book. Everyone is smart. That is not the question or the problem. It is what you do with your smartness. It is your awareness of yourself that will define your life. Most smart people realize one thing. They realize there is always someone else smarter therefore the safest positon is to assume your opponent knows as much as you and the only way to win is to attach yourself to someone smarter than you and use their advice and knowledge to win. To win you must read the situation correctly. When reaching for the top you must be agile light of foot and mind.

I wrote this book so it would have a profound effect on your life so you can become a woman of courage. The reason why this is my goal is because I am tired of seeing people not winning. I am tired of see women unhappy. Every day I see women in their 60's and 70's working at Kroger's, McDonald's, Kmart, Sears, etc. and these women are tired but they have to work to make ends meet. We talk at the register. I learned about their lives and the choices they made. Most are terribly unhappy and the moan the choices they made. I hope my writing helps the next generation of women not to make the same mistake of letting someone else tell them what a woman should and should not do. I pray that my book leads you to change and to stand up for yourself.

Your children and family will benefit from the change. Changing is enveloping. I wrote this book as a vehicle for change. It was written to be used as a tool for you to become a woman of courage. Women are constantly talking to themselves, constantly questioning their behavior. Is my buttock too big? Do I look too fat in this skirt? Will Bob ask me to marry him? How often do you look at a woman's eyebrows and wish your eyes brows were shaped like hers (looking in someone else's garden). This book will bring the constant questioning into focus. This book was written so you can take the information we discuss and pass this information on to your child, cementing the possibility of your child's survival. The absence of change in families is contributing to the drug crisis in this country. The women discuss in this book waged some terrible battles to win over society. There was a great deal of suffering yet only small drops of blood were shed. These women fought until they were exhausted.

They fought until they were sick. Some endured mal-nutrition just to get an education. Measure yourself. How many days can you go without eating just to sit in a classroom to read a book?

These women fought their mothers and fathers for their freedom. They wanted to design the environment in which they lived. These refused to do as they were told. They refused to sit down and cry. They refused to be relegated to drinking sherry in the cellar just to comfort their selves. They refused to be sedated by tranquilizers after their husbands squandered their inheritance or select the home in which they would live. They refused to allow the church to determine how many children they would have. These women boarded steamships to the orient. They boarded planes to Africa and rallied in Europe just to be free. As you read think about their lives.

These women left their sisters behind, their friends behind in a quest for a new future. There is a woman discussed within who changed her name so she could practice her profession in her adopted country. Imagine changing one's name just to be accepted. Is not your name the most private caveat? Who are you without your name? I wonder if you will identify with her.

We have women refusing to be maids, refusing to be schoolteachers, refusing to work at any job society said was fitting for a woman. We have a woman who joined the military as a man so she could be gainfully employed. She did not want to work in a boarding house cleaning sheets. After her enlistment in the military ended, her country betrayed her and denied her a pension. There are women in this book who wanted to fly helicopters, run into burning buildings to rescue people. These women wanted to stand at an operating table as a surgeon and practice the hand of God by curing a patient. They believed if I can imagine it I can do it. As you read you will be stirred. You will reflect on the choices you made or are making as your life develops before you. Are you really finished with your life at the age of 55 or 75? Really! Have you stopped dancing? Is celebrating your birthday now a perfunctory activity? So what is new?

As you read one thing is going to be made perfectly clear, we have lots of unsung heroes among the women living in our communities. And the reason why we have unsung heroes living in our community is because we do not applaud courage in women. We do not look for

this characteristic in women. It is not a desired trait. We do not celebrate the woman raising children alone. Yet this woman has great courage. A woman who takes care of her parent is a woman of courage. Yet she is not recognized as such. These women by their actions are telling us that you do not sit and allow someone to take your life away from you. Your life is all that you have. You do not let someone tell you what you can and cannot do or what is possible and what is not possible. You do not allow someone to shape your thinking that stops you from even trying. Are you get to the door but never enter (Franz Kafka, The Trial).

Take a look around you. Look at your friends from college. Where are they now? What are they doing now? Most are married with two children and house in the suburb. Their dreams are dead. They do not even discuss their dreams any more. They have stopped talking about what they want to become. Their conversation is now mortgages and debt. Many are becoming alcoholics. Some are quietly taking drugs. Some are participating in extramarital affairs just to feel alive. They allowed society to kill them. Every society tells men in prison that when you get out of prison you have no future. No one is going to hire you and no one is going to trust you. All you have to look forward to is a low paying job cleaning someone's floors. So the best you can do with your life is to drink a bottle of beer after work and be satisfied.

Society tells women you worked as a prostitute. No one will ever marry you. What kind of job can you hope for? You cannot start a business. You cannot get a loan from a bank to start a business. As soon as the bank looks into your background the bank is going to know you are not worthy of a loan. You might as well go back where you came from, back to the gutter. That is where people like you belong. This book was designed to show you how you can become a woman of courage. Regardless of what society says, you can take control of your life and be the woman you want to be.

Did you read the quote from Phyllis J. Read and Bernard L. Witlieb in *The Book of Women's Firsts* at the front of the first book? Read the quote again. "It is difficult to imagine or to underestimate the price many of these women paid in the currency of loneliness, self-doubt, ridicule, and insult. They were often considered to be in flagrant violation of the laws, written and unwritten, of God and man.

Many were jailed for their beliefs and activities. They were seen to be violating the natural order, the way "everyone" knew things were supposed to be. They persevered against odds that should have been overwhelming--and they triumphed."

Now imagine you are Hattie McDaniel's. She was once asked why she always played the roles of a maid. She answered by saying she would rather play the role of a maid than to be one. Now imagine yourself as Josephine Baker, the banana lady. Josephine Baker appeared on stage in her birthday suit and bananas. Yet very few people know this woman who was called morally bankrupted and a whore actually spied for France during the war. She risked her life for her adopted country. She was an American who went to France to escape racism to be free to practice her profession the way she saw fit and she ended up helping the war effort. Is she celebrated? Not really otherwise you would know that she spied for France during the war. Josephine Baker pushed the envelope to get her ideas across to society but do not think she did not pay a price. We believe the wounds she suffered were healed by her love for children. Although Josephine Baker became known as a French entertainer she was an American. She was the one who began the trend of adopting children from all over the world to give these children a secure home. She was the mother of 12 children. Image Josephine Baker left everything she knew in America to find a place where she could be herself and perform for the public the way she chose. Was that not courage?



: Source: http://nymag.com/news/intelligencer/56005/

Josephine Baker is a woman of courage because she believed that regardless of the economic circumstance a woman should always act in a respectful manner. No unrelated males shall live in a house with children. She was more than just an exotic performer. She was a person of great character and love.

Some of the greatest pain I ever experienced in life came from my concern for women and children. The trafficking of women drives me insane. I experience great anger as I experience great pain with the subject. These enterprises are driven by steel hearted men that continuously change the lives of women. These men believe they cannot be stopped. I believe if I can influence the lives of women sooner or later the women in this country will stop this practice. I believe that the women in this country will begin to demand more from their politicians than the usual "I am going to be tough on crime".

If I can be the instrument in women developing strong bodies and strong minds we will stop men from exploiting women for money. And I shall go to my grave laughing my head off because I would have changed the course of history. No more will men be able to diminish women in their own eyes yet exploit their bodies so men can walk

around declaring how superior they are. Years ago I sat in a Burger King on Seven Mile and Middlebelt in Livonia, Michigan across from the Sears Department store and watch a man terrorize a woman that was being a prostitute for him. I swallowed my rage but I had to sit there and watch because I could do nothing. The woman would not look me in the eye. I knew the man was a pimp because I saw men like him when I was growing up. My mother pointed them out to me and warned me against their promises. He sat across from the woman in all his ignorance believing himself important. It was all I could do to keep myself from picking up a bat and beating him to death with it. I saw this man and woman when I was in my 12th year of research for the books I was writing. I was finally at a point where I could afford to go to Burger King and purchase a Junior Whopper. For years I lived off of a 25-cent bag of Lay's potatoes chips and water. Seeing him made me redouble my efforts to finish my books. I swore that I would not stop until I wrote books to stir the passion for freedom in women.

Born into poverty I could have easily been one of these women. Yet it was my good fortune not to be one of these victims. A fact I shall always be grateful. I firmly believe that the trafficking of women in this country will be reduced once women began following their dreams and we improve the employment opportunities of women especially those women raising children alone. Our prosperity is linked to education and employment and our working for one another. It is not by accident that the people in poverty all over the world are women and children. Women and children are the perfect victim, a person that can be exploited over and over again. Sit down and calculate the amount of money a man makes off the body of one woman. Then you can see why it so important to men to keep women in poverty.

Years ago (during the 1920's and 1930's) White scientist spent hours and hours trying to prove there was a difference in the bodies of Black people and White people. They failed to find scientific evidence to support their propositions. Nevertheless, the residue of their beliefs persists. The scientists that were fostering these ideas spoke with such conviction and knowledge what they espoused was believed and these beliefs persisted. Consequently, when Black report for medical care in hospitals they are treated differently because White still believes the bodies of White and Black people

are different. Remember above when I discussed the perpetuation of ignorance. The persistence that women are different from men is the idea that is keeping women in poverty. The persistence that women should obey their husbands and the man is the leader of the family is what keeps women in poverty. The church's persistence that women should have babies and be led by men is what is keeping women in poverty. Please read the following:

Black Americans are systematically undertreated for pain relative to White Americans. We examine whether this racial bias is related to false beliefs about biological differences between blacks and whites (e.g., "black people's skin is thicker than white people's skin"). Study 1 documented these beliefs among white laypersons and revealed that participants who more strongly endorsed false beliefs about biological differences reported lower pain ratings for a black (vs. white) target. Study 2 extended these findings to the medical context and found that half of a sample of white medical students and residents endorsed these beliefs.

Moreover, participants who endorsed these beliefs rated the black (vs. white) patient's pain as lower and made less accurate treatment recommendations. Participants who did not endorse these beliefs rated the black (vs. white) patient's pain as higher, but showed no bias in treatment recommendations. These findings suggest that individuals with at least some medical training hold and may use false beliefs about biological differences between blacks and whites to inform medical judgments, which may contribute to racial disparities in pain assessment and treatment.

This is what women are fighting <u>persistent beliefs</u>. For thousands of years society has been taught women must conform to a certain behavior otherwise that woman is chastised or murdered. Remember the hateful statement made on an Alt Right website about Heather Heyer not having any children. The men used the fact that Heather Heyer was childless to demean her. They were saying her death didn't matter because she had not born any children. If she did have children they would have called her a whore and the church would have said amen. Please note they were judging her based on their values. A woman's job is to have babies. When women press men on the issues of child bearing the men refer to the Bible. Women have been taught to accept the

chastisement of the church and to accept the chastisement of other women. We have some cultures where women advocate for the murder of their daughters when their daughters fail to live up to a subscribed behavior. Some women are taught to accept the family resources being used to send their sons to college and their daughters to the wedding chapel. Why educate a woman when all she is going to do is marry. Why waste the money.

Poverty benefits the position of man. Men cheat to prove women are inferior that women should not be paid the same as men. Women should not be educated like men. Women need to be told what to do. They cannot think for themselves. They are the weaker sex. This is a lie. The division among women must cease. We now have women who think all they have to do is follow in the footsteps of men and they will succeed. Be like a man and receive the rewards of a man. This is what the woman I was mentoring thought. She thought she had a recipe for success. Some women believe all I have to do to succeed is mimic a man. There is a congresswoman in Washington I have been watching for years. Every time the Republicans make an announcement they have her standing in the background. Every time John Boehner made an announcement and he needed a woman to amen what he was announcing this congresswoman would be standing right behind him. She may be employed as a representative of her state but she is nothing more than a dolly. Nothing astounding has come from her. Not one piece of exciting legislation in all the years she has been in Congress. She has absolutely no power. I would like to ask her "why did you run for Congress if you were just going to let men lead you?" You could have done that by getting married and abdicating your sovereignty. I bet you if you watch the announcements coming out of Washington you will be able to identify this woman. Every time the men wanted to show women against abortion, or the trade deal they drag her out and have her stand behind Boehner.

As you read about the women in this book, ask yourself which of these women earned more than \$100,000 during her lifetime like the congresswoman then measure that amount to all of the effort the woman put into developing her talents to seek employment. When women stop allowing men to use them for their financial gain, women shall begin controlling and managing their lives.

Economics is the answer. The question for all women is why is there a resistance by men to allow women to take control of their lives? Why is there a resistance to women doing what they want to do with their lives? The reason is money. Without money women are compelled to do what they are told to do. It is beneficial for those with money to have those without money to be discouraged. The people with money get the luxury yachts and the vacations to Tahiti. we get to drive our car for more than 10 years and spend our vacation working a second job. I shall see what you think of the section Women at Work. This book is very personal to me because I have a great love for women and children. Let us hope you recognize the love and concern, and the book moves you to action. It is time for you to start a new life.

Chapter One This is My Rifle

I would like for you to read the following statement written by Major General William H. Rupertus, USMC, Retired.

Major General Rupertus wrote this statement after the Japanese attacked the Pacific fleet at Pearl Harbor December 7, 1942. I want you to read his statement and look at the picture of Major General Rupertus.

This is my rifle. There are many like it, but this one is mine. My rifle is my best friend. It is my life. I must master it as I must master my life.

My rifle, without me, is useless. Without my rifle, I am useless. I must fire my rifle true. I must shoot straighter than my enemy who is trying to kill me. I must shoot him before he shoots me. I WILL...

My rifle and myself know that what counts in this war is not the rounds we fire, the noise of our burst, nor the smoke we make. We know that it is the hits that count. WE WILL HIT...

My rifle is human, even as I, because it is my life. Thus, I will learn it as a brother. I will learn its weaknesses, its strength, its parts, its accessories, its sights and its barrel. I will ever guard it against the ravages of weather and damage as I will ever guard my legs, my arms, my eyes and my heart against damage. I will keep my rifle clean and ready. We will become part of each other. WE WILL...

Before God, I swear this creed. My rifle and myself are the defenders of my country. We are the masters of our enemy.

WE ARE THE SAVIORS OF MY LIFE.

So be it, until victory is America's and there is no enemy, but peace!

I had you read this poem because I wanted you to feel the volatility of a person determined to win until death. Major General Rupertus was saying there is no stopping there is no quitting there is no surrender and there is no doubt. Any man who defends his nation has to believe as such or he shall fail. This is a powerful poem. This

is the synthesis of a human drama. There is no greater struggle that the struggle that a man wages with himself as he battles for life. Major General Rupertus is positioning himself. He is organizing his mind. He is single in purpose. He said he will be relentless in his quest to win; winning meaning vanquishing his enemy.

To Major General Rupertus the enemy is anyone who comes against his country and the instrument that will support his victory is his rifle. Do you know your enemy? Do you know the tools you need to vanguish your enemy? Do you know the person or persons who will try to prevent you from winning? Identify your enemy. Your enemy or enemies can be the naysayers, who tell you what you cannot become, who tell you what you cannot do, or the negative people in your life who say you are a fool. Your enemy can be friends or family member. Your enemy does not have to be a stranger. Some women sleep with their enemy every night. The man who does not want to see your realize your dream. Some women eat at the dinner table with their enemy. The woman who calls you foolish for pursuing an advance degree could be one. The woman who tells you, you should be satisfied with a husband home and children. Your mother! The newspaper! The church! Any of these people or institutions can be your enemy. Recognizing them as your enemy will help you to be on your way to winning.

This is my rifle is a powerful standard. This is a standard that men in the military have to live by every day. In a moment's notice they must be willing to pick up their rifle and defend millions of people that they do not know. There is no greater standard. Bullies do not want a nation of ethical men yet this is what this standard produces. Bullies, men who wield power through controlling our nation's economy want a nation of men defeated during their lifetime. These economic bullies want a nation of men who will lose their courage; men who will desert the field of battle; men who will accept unemployment or homelessness. When you support your husband you are supporting your nation. When men feel confidence in one another they fight well. There is neither a battle Marines will not fight nor an enemy Marines will not face. The bullies and greedy men in our county want a nation of men who are more concerned about their makeup than raising their sons. Now read the poem again. What are the characteristics of Major General Rupertus? He is courageous, he is determined. He is dedicated. He is compassionate. He is caring.

He is convinced of his role. He knows who he is. He does not question himself. He knows what is required of him in order for him to win. He tells the reader he is his rifle. He says the rifle is his life. Who you become is your life. You will become your accomplishments.

You must be just as determined to win as Major General Rupertus. And you must see yourself as one with your goals. Every time you fail and get up and try again until it becomes you. You become the person who will not quit. You become the person who refuses to stop until she wins. You become that person dedicated to winning in your life. You become that person who refuses to drop out of college. You become that person who refuses to let a college professor tell you that you cannot learn calculus. Every action you take to accomplish your goal becomes you. Our analysis of Major General Rupertus is what we must do with the women we discussed in Women of Courage.

We must get to know these women from their own words and behavior. We must examine these women and find out how they won. Once we learn their winning behavior we can train ourselves to change and become women of courage. Please note that the most outstanding characteristic of Major General Rupertus is Major General Rupertus had a standard. He had a set of rules that he lived by. And these rules served him well until the day he died. These rules were inviolable. Now think a second. How many men were there above Major General Rupertus in rank? There one, two, three and four star generals above him in rank. All of these men made more money than Major General Rupertus. They had more prestige. All these men played greater roles in the war. Ask yourself this question of all the men above Major General Rupertus in rank and prestige how many of these men are remembered, immortalized by a nation. Every man in the Marines knows This is My Rifle and they know who wrote it. You want to be remembered then work and win. Major General Rupertus had a standard. Not only did he live by a standard he got other men to believe in this standard.

The standard established by this creed is just the behavior that bullies and greedy people do not want others to emulate. A man swearing to defend his nation at the cost of his life is the greatest sacrifice anyone can make. A person living by this creed says I value my country greater than I value myself. This creed establishes a code of conduct it establishes a way of life. The bullies and greedy men living in our country do not want a code such as this to exist throughout a nation. When a nation of men, undergo military training they learn that they are important to one another. Men learn that they cannot exist without one another. They learn it is to their best interest to support the life of another man. Bullies and greedy men do not want this feeling translated across our nation. Greedy men want sadistic competition translated across our nation. A bully wants men to develop a dog eat dog mentality. This is why we need the draft back in this country. Military service welds men, until they start working together.

It is the woman's humanity that counteracts the development of depravity in a nation. The greedy men in our nation wants men showing up for work high on marijuana, surgeons entering the operating room more concerned about the Dow average than the life of their patient. Bullies wants police officers sharing in the spoils of the dope dealers, he wants prison guards selling drugs to inmates. This is the type of debauchery naysayers enjoy. naysayers do not enjoy men who are strong and resilient, husbands loving their wives. Do you know what you think of your husband can keep him on the straight and narrow? Do you know that men shy away from sin because they care about what their wives and children think of them? When a man knows he is essential to the fabric of his family, he will think more than twice before he jeopardizes his family through vile and aberrant behavior. The point I am trying to make is no one lives in a vacuum. Everything you do or do not do affects others around you. Your winning will encourage your husband. It will encourage your children, your friends, etc. Winning is a powerful aphrodisiac. Once you succeed you will begin to believe you can success again and again at any endeavor.

This must be your posture as you become a woman of courage.

Your stance must be I can succeed I will succeed. I will not be deterred. You will assume the quiet resolve of Major General Rupertus. Life cannot be lived passively if the organism is to survive. Salmon swim upstream. Birds fly south to avoid the cold. The same applies to women. We cannot live passively if we are to survive. Our

behavior must always be based on surviving and not allowing our bodies to become instruments of our destruction.

Throughout this study I want you to return to this page and reread, This Is My Rifle. It is one of the most inspiring poems ever written. Be encouraged. The Marines are an elite fighting force. Every man accepted into the Marines feels privilege to be called a Marine. They know they walk the path of some of the bravest men society has ever produced. As you start to become the woman of courage you will realize how privilege you are to be among the few. There is only one Madeline Albright. Why? Because Madeline Albright knew she could be Secretary of State therefore, she became Secretary of State in her mind. She knew she was carrying a heavy burden because the world was watching waiting for her to fail at a job that was supposed to be worked by a man. Not all women who achieve glory are so humble but Madeline Albright remembered that she was standing on the shoulders of millions of women from the past who sought to be free to live their lives as they wanted. Take time and read Madeline Albright's words. Her character and toughness comes across in her words. The people you learn from are the people who risk it all to succeed

We discussed This is My Rifle because the military is the citadel of change. The military will take a 19 year old and turn him into a fighting machine a man driven to the philosophy of winning at all cost.. Military training is not done by happenstance. It is a deliberate willful set of behaviors designed for one purpose only and that purpose is to win. How is it that your 19 year cannot get out of bed in the morning but when he joins the military he is up at 6am and dress and ready to march 30 miles before breakfast? What happens to him in those 90 days? What caused the transformation? What happens to the boy that is a picky eater at home but after 90 days in the military he will eat what is given to him without a complaint. We need to pay attention to how this is done. Do you want to transform your life? Then you need to pay attention to the greatest transformers in the world. The basis of reaching any goal is change. So if the military is the greatest transformers in the world we need to pay attention to what they do. One thing you should know no one forgets their military training. No one! Military service has a profound effect on the psyche of women and men. Either their techniques makes you

believe or you wash out. The first thing you should ask yourself at this juncture is what is military training?

Military education and training is a process to establish and improve the capabilities of military personnel. Service members are drilled physically, technically and psychologically until change is achieved. The most important aspect of military training is resocialization, the process of mentally and emotionally "re-training" a person so they can operate in an environment other than what they are accustomed to. This process requires changes to an individual's personality. The reason for this technique is so a soldier will act as a member of a cohesive unit. No military is successful if one man will not die for another or if men flee the field of battle. Or if the men believe their enemy is fiercer than them. Do you see how this relates to women? We fail because of what we believe. We believe that we cannot, therefore we never succeed.

The military uses repetition, learning, exercises and body building. They build the body they build the mind and they repeat over and over again until the soldier know what he or she is capable of doing. This is why the motto of the Marines Semper Fidelis "Always Faithful is so powerful. The men believe they are The Few. The Proud a Marine. The Marines know they are the "First to Fight." That Marines have been in the forefront of every American war since the founding of the Corps and a Marine knows the Corp does not believe in failure. Maybe women need to examine the Marine Corp closely to see what techniques they can adopt and incorporate into their lives.



Major General William Henry Rupertus United States Marine Corp. November 14, 1889 – March 25, 1945 Author of the Rifleman's Creed

Major General Rupertus was 55 years old when he died but he served this country in two wars. He received a citation for extraordinary heroism and distinguished service asin action against enemy Japanese forces during the attack on the Solomon Islands, August 7-9, 1942. He was commissioned November 13, 1913 as a Second Lieutenant in the USMC. As a First Lieutenant, he commanded the Marine Detachment aboard the USS Florida, attached to the British Grand Fleet in World War I. While on duty in Peking, China he endured the death of his first wife and two of his children. They died during a scarlet fever epidemic February 1930. During World War II, Major General William Rupertus served as

Assistant Division Commander of the 1st Marine Division under Major General Alexander Vandegrift. During this time Major General Rupertus wrote the Rifleman's Creed. His purpose was to encourage expert marksmanship and Marines' trust in their weapons. He did not live to collect retirement. He died March 25, 1945 of a heart attack. He was buried in Section 6 of Arlington National Cemetery. In 1945, the U.S. Navy destroyer USS Rupertus was named in his honor. **USMC** RANK FOR **OFFICERS** Commissioned officers are college graduates who have earned and accepted an appointment issued in the name of the president of the United States. Their commission gives them the responsibility of leading Marines as they defend the Constitution of the United States. Commissioned officer ranks are subdivided into generals, fieldgrade, and company-grade officers. The commandant of the Marine Corps and the assistant commandant of the Marine Corps are fourstar ranks. Military Rank:

	2ndLt	Second Lieutenant	0-1
	1stLt	First Lieutenant	0-2
	Capt	Captain	0-3
*	Maj	Major	0-4
*	LtCol	Lieutenant Colonel	O-5
	Col	Colonel	O-6
*	BGen	Brigadier General	O-7
**	MajGen	Major General	O-8
***	LtGen	Lieutenant General	O-9



Now here is an excerpt from Chapter 15 of Murder In The Family Volume Two Part Two where we were talking to women about change. We introduce this information to stimulate your thinking.

I want you to see how the way you think not only influences the way you live but the result of your life. How your life is finished.

"Talent is God given. Be humble. Fame is man-given. Be grateful. Conceit is self-given. Be careful."

 John Wooden: (1910 – 2010: was an American basketball player and head coach at the University of California at Los Angeles

"A great deal of talent is lost to the world for want of a little courage. Every day sends to their graves obscure men whose timidity prevented them from making a first effort." Sydney Smith

"We're sorry for making it clear that white supremacists and Nazis are welcome in this country, while young hardworking immigrants brought here as children are not." Chelsea Joy Handler, 2017