

Women of Courage



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Revised Second Edition Third Printing - 2010

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Know Your Enemy
The Trial Of The Mind
It is Time You Start Walking With God
If You Believe In God You Do Not Belong In Prison
Light A Candle in My Name
God's Encouraging Words To Heal Your Mind, Soul and Body
You Are The Prophet of Your Life
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Volume One The Deadliest Moment - Part One and Two
Volume Two Murder in the Family - Part One and Two
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This book contains extremely sensitive information; our apologies and condolences to the reader if this information is regarding a relative, love one and or friend. Although this book contains in certain areas explicit descriptions of violence, extreme care was taken to allow the victims as much dignity as possible. As you read you will realize these descriptions were made to expand our understanding of violence and to prevent violence against women and children and violence in our communities.

"Courage is contagious. When a brave man takes a stand, the spines of others are stiffened."

Billy Graham

FROM THE PUBLISHER

"Happy is he who has laid up in his youth, and held fast in all fortune, a genuine and passionate love of reading."

Rufus Choate (1799– 1859) American Lawyer,
Politician and Orator

Since you are reading this page you are trying to make up your mind whether or not you want to purchase this book. The cover has attracted you, so you have decided to open the book and browse. As for the question do you want to purchase this book? My answer to you is 'Yes.' It is a resounding yes. Yes you want to purchase this book because reading this book will change your life. Reading is an activity like none other. The consequences of reading are extraordinary just as the consequences of not reading are extraordinary where you will live your life in darkness. You can sit before an orchestra where the music will thrill you to passion and for a while your spirit will soar. You can turn the radio on in your car and the music will carry you away but there is nothing like reading. Reading will not only transport you to another place and time reading will change the circumstances of your life forever. Reading will not only carry you to the future where you will see possibilities but reading will allow you to visit the past where you will see potential.

Music provides a temporary high for your respite from your surroundings whereas reading will lead you to a permanent relief from everything around you. Reading can change your reality transforming you into a new person. You can read one paragraph in a book and say "why not" or "of course." You can read another book and say "I never thought of that" and you can read a third book and say "If only I had known this before?" You can see one word on the page and say to yourself "that can be me". "I have possibilities in my life." Once you begin reading in earnest you will realize that you can learn equally from reading about how a man failed in his life and as well as how a man succeeded in his life. In fact learning how a person failed is a good road map for success,

because failure always provides you with an alternative point of view.

Think of the man who decided to construct the street light, or to design the fire hydrant, or to design the light bulb. Where did these ideas come from; what was the source of their inspiration? One source of these inventions was reading. Reading allows for the accumulation of information. When this information is assimilated in the human brain an idea is born. One invention sparks another invention that sparks another great idea until finally man is raised to an enhanced state of existence. Reading provides the recipe for originality.

A man says to himself there must be a better way. He goes to a library trying to find that better way. He reads and reads and reads assimilating information looking for that better way. If he does not find that better way in the books he has read, he has still learned something. He has learned that he has to invent the better way. This time he begins to read books looking for ideas to help him as he invents. In the book Father Hunt, by Rex Stout (1886-1975), who wrote over 70 detective novels, the character, Nero Wolfe, makes a brilliant point that I will never forget regarding how an idea is born. Rex Stout wrote Father Hunt in 1968. I read the book in 1976 and I still remember Nero Wolfe's preoccupation of how his sidekick, Archie Goodman, came up with the idea of a silver abacus being owned by Paul Revere. Archie Goodman told Nero Wolfe that he used the possible existence of a silver abacus owned by Paul Revere to gain an interview with a wealthy businessman. Paul Revere never owned a silver abacus but the possibilities of such an item triggered the imagination that allowed for the interview.

During the publication of this book I spoke to three men each man made a negative comment regarding reading. One man said that no one would read each individual name on the list in the book; the second man said no one would purchase the books people were too busy worrying about money to read or to purchase a book. In hard times no one buys books. What American woman would be

interested in what I had to say to purchase a book? The third man said some of the books were too large that no woman would take the time to read the books. He said the number of page in each book would immediately turn women off. No women or man would purchase a book consisting of four hundred to five hundred pages. Needless to say I was disheartened for a second. Then I sat and thought about their comments. Their words were not complimentary to women or to people in general. There is nothing to life during hard times but meat and potatoes. Grayness had descended on the earth. Life was so brutal that reading could be ignored. I decided to persevere. These men had to be wrong. I continue to believe that reading regardless of the number of pages in a book is seen as an activity that enriches the soul and enlightens the mind leading men and women to greater and greater heights and inventions. The fate of America will be decided by how well we nourishment our minds and assimilate information to continue our growth. I shall continue to believe that people will see that reading leads to a better life.

When you read you can learn to eat healthy and to better manage your money and life. Reading allows you to quickly prepare for a dinner party or help you impress a friend. When you read you are open to adventure and confidence bathes your spirit. Reading is the commencement of light and cessation of darkness. Reading is the activity that puts the soul to take flight. If you desire a change in the status and wealth in your life, then reading is an activity that you can ill afford not to do.

Do not share this book or give this book away for this is my seed to you and to the Lord. These books represent ten years of my life where I decided to serve the Lord and to work on His behalf. Your growth from my seed will carry my spirit into the next generation. This book should be read over and over again until the information is planted into your heart (spirit) and comes out of your mouth as a creative force signifying your connection with the Lord who created you.

TABLE OF CONTENTS

Courage is the quality of being brave- the ability to face danger, difficulty and uncertainty without being overcome by fear.
Having courage is a test for us all.



Introduction

| | |
|--|-----|
| Chapter 1 Women of Courage..... | 15 |
| Chapter 2 Black Women of Mathematics..... | 151 |
| Chapter 3 Incredible Courage..... | 193 |
| Chapter 4 A Great American Has Died..... | 215 |
| Chapter 5 Black Women in The Military..... | 255 |
| Chapter 6 Black Woman and Civil Rights..... | 283 |
| Chapter 7 The Face of Courage..... | 305 |
| Chapter 8 Distinguished By Their Deeds..... | 311 |
| Chapter 9 Reflections of Courage..... | 325 |
| Chapter 10 Knowing How to Fight is Everything..... | 343 |
| Articles | 342 |
| From The Author | 350 |
| Book Previews..... | 363 |

"For most of history, Anonymous was a woman."

Virginia Woolf 1882 - 1941



*Women
of
Courage*



"It is difficult to imagine or to underestimate the price many of these women paid in the currency of loneliness, self-doubt, ridicule, and insult. They were often considered to be in flagrant violation of the laws, written and unwritten, of God and man. Many were jailed for their beliefs and activities. They were seen to be violating the natural order, the way "everyone" knew things were supposed to be. They persevered against odds that should have been overwhelming--and they triumphed."

--Quote: Phyllis J. Read and Bernard L. Witlieb in *The Book of Women's Firsts*

Chapter 1

Women of Courage – Aim High

Avoiding danger is no safer in the long run than outright exposure. The fearful are caught as often as the bold.

Helen Keller 1880 - 1968

Every day, the television and radio tell stories of male courage as if the characteristic of courage is gender specific. We thought it only fitting here to tell the story of female courage. Courage is a characteristic that is normally assigned to the male member of a species. Very little if any notice is given to the female probably because courage and heroics are associated with physical combat and women have been considered incapable of physical combat. In this book we attempted to correct this perception and expand the definition of courage to include the woman.

It takes courage for a woman to live much more courage than she is given credit. She has to have the courage to get up every morning and service her children (making all of the decisions) and take them to all of their activities. She has to have courage to go to work everyday knowing she maybe assaulted, or molested by her boss, coworkers or customers. She has to have courage to drive to and from work at night knowing she is the primary target for violence. She has to have courage to manage her husband and his baggage. She has to have courage every night to go to sleep not knowing whether or not her husband has finally decided she is in the way of his mistress and his happiness. She has to have courage to manage his mistress and all of his other paramours so her children can be raised in a two parent household. She has to have courage to have insurance purchased in her name. Finally she has to have courage to follow her heart and seek her own destiny in spite of the pitfalls placed in her way by a society that wants the woman to return to the home.

In this book we discuss more than 152 women who refused to remain in the home. These women took a chance on themselves. They believed their dreams were possible. They believed in marriage and they believed in children but they also believed in themselves. Bessie Coleman wanted to fly. Toni Stone wanted to play baseball. Dawn Steel wanted to head a Hollywood studio. Candace Beinecke wanted to head a prominent law firm. Halle Berry wanted to be an actress. Because these women had the desire they tried. Lori Arviso Alvori wanted to be a doctor so she packed up her belongings and returned to school. Mary Lou Taylor wanted a flag for her brother so she picked up a phone and change the course of history. Robin L. Ahrens wanted to be an elite law enforcement officer so she took a deep breath and completed an employment application and put a gun in her hand. Twenty women wanted to say more than just $2 + 2 = 4$ to their children. They wanted to calculate the distance from here to the moon so they packed their bags and head to the nearest university. Their efforts have earned them a place in history. These are the women who have gone before you. These are the women who tried. These are the women who overcame self-doubt. Imagine being the wife of a governor, then the wife of a president, then a United States senator, then the 67th U.S. Secretary of State, the third woman to hold this office. Twenty women changed the course of history by calling to arms the American woman to fight for the right to vote and custody of her body. These are the women who have gone beyond mere talk they have aimed high.

These are women who wanted it all; women who wanted love, marriage, children and a career. We discuss women who found themselves the first women to take certain career paths and women who had the courage to face the monsters that are living among us. Courage is some times considered synonymous with bravery and fortitude, the ability to confront fear, pain, danger, hardship, uncertainty and intimidation in the face of discouragement. As you read see if you agree that the women mentioned were indeed courageous. We believe the courage these women exhibited is best described by the quote of Charles Dubois, "The important

thing is this: To be able at any moment to sacrifice what we are for what we could become.” There is a price one pays to become someone new. It is important that women look to the future for a brighter day but it is equally important that women look to the past because therein lies our encouragement. There have always been women of valor. Joan of Ark, Sojourner Truth and Amelia Earhart are fine standards but the fight began long before they appeared on the scene. Be assured the fight began as soon as Lucy of Africa left the trees and began her journey through history.

The Webster’s Dictionary defines courage as: "The quality of mind or spirit that enables one to face difficulty, danger or pain." We believe that the women discussed in the following pages can be described by this definition. Their courage was largely ignored by society until a number of women learned to read and write and demanded independence. These women learned you fight fear with knowledge and that courage is the better emotion.

From the words of Ralph Waldo Emerson, Andrew Jackson, Mark Twain, Keshavan Nair, and Margaret Chase Smith and Douglas MacArthur it takes courage to live. Do you have such courage?

“Whatever you do, you need courage. Whatever course you decide upon, there is always someone to tell you that you are wrong. There are always difficulties arising that tempt you to believe your critics are right. To map out a course of action and follow it to an end requires some of the same courage that a soldier needs. Peace has its victories, but it takes brave men and women to win them.”

Ralph Waldo Emerson

“One man with courage makes a majority.”

Andrew Jackson

“It is curious—curious that physical courage should be so common in the world, and moral courage so rare.”

Mark Twain

“With courage you will dare to take risks, have the strength to be compassionate, and the wisdom to be humble. Courage is the foundation of integrity.”

Keshavan Nair:

“Moral cowardice that keeps us from speaking our minds is as dangerous to this country as irresponsible talk. The right way is not always the popular and easy way. Standing for right when it is unpopular is a true test of moral character.”

Margaret Chase Smith:

“Last, but by no means least, courage—moral courage, the courage of one's convictions, the courage to see things through. The world ; is in a constant conspiracy against the brave. It's the age-old struggle--the roar of the crowd on one side and the voice of your; conscience on the other.” Douglas MacArthur

As you can see, courage has never been the problem in life fear has been the culprit. Those of us who have been given a large dose of fear never experience change or courage in our lives and more the pity. Take the advice read, read, read because with knowledge fear dissipates causing life to begin. Knowledge shines a light on the crevices of darkness causing fear to leave. God said let there be light and there was light and life followed. If you read, knowledge will follow and life will begin. Whenever you feel hesitancy the emotion of fear is lurking at your door. Ignorance is derived from fear, procrastination is derived from fear, the root of bullying and violence is fear; panic and alarm, are all forms of fear. When fear is not confronted disaster strikes (WWII). When you allow fear to control your life, and you do not exhibit courage:

- Opportunities pass you by,
- Prison awaits your son, and
- Prostitution awaits your daughter.
- Children are raped in their beds,
- Girls have babies at the age of 12

- Boys do not matriculate pass the 8th grade,
- The grass dies, and the birds leave the area.
- Windows do not get fixed,
- Garbage collects in the neighborhood,
- The job is given to the not so better man, and Murder becomes an answer.

It is simply maddening to go to one's grave with regrets. Let the regrets be because you took action and made a mistake not because a mistake was made from no action. Your best position is to be afraid of being afraid of preventing action in the way of progress. Take your position from God,

Isaiah 51:12 *The Lord says, "I am the one who strengthens you. Why should you fear mortals, who are no more enduring than grass?"*

Isaiah 51:13-16...*why should you live in constant fear of the fury of those who oppress you, of those who are ready to destroy you? Their fury can no longer touch you.I have given you my teaching, and I protect you with my hand."*

Proverb 29:25 It is dangerous to be concerned with what others think of you, but if you trust the Lord, you will be safe.

Courage Verses From The Bible

Deuteronomy 31:6

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you."

Deuteronomy 31:7

Then Moses summoned Joshua and said to him in the presence of all Israel, "Be strong and courageous, for you must go with this people into the land that the LORD swore to their forefathers to give them, and you must divide it among them as their inheritance.

Deuteronomy 31:23

The LORD gave this command to Joshua son of Nun: "Be strong and courageous, for you will bring the Israelites into the land I promised them on oath, and I myself will be with you."

Joshua 1:6

"Be strong and courageous, because you will lead these people to inherit the land I swore to their forefathers to give them.

Joshua 1:7

Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go.

Joshua 1:9

Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go."

Joshua 1:18

Whoever rebels against your word and does not obey your words, whatever you may command them, will be put to death. Only be strong and courageous!"

Joshua 2:11

When we heard of it, our hearts melted and everyone's courage failed because of you, for the LORD your God is God in heaven above and on the earth below.

Joshua 5:1

[*Circumcision at Gilgal*] Now when all the Amorite kings west of the Jordan and all the Canaanite kings along the coast heard how the LORD had dried up the Jordan before the Israelites until we had crossed over, their hearts melted and they no longer had the courage to face the Israelites.

Joshua 10:25

Joshua said to them, "Do not be afraid; do not be discouraged. Be strong and courageous. This is what the LORD will do to all the enemies you are going to fight."

The next time you feel frightened remember these words of a Black woman who worked 50 years to see her people free.

"Remember, we are not fighting for the freedom of the Negro alone, but for the freedom of the human spirit a larger freedom that encompasses all mankind.

"Until the killing of black men, black mothers' sons, becomes as important to the rest of the country as the killing of a white mother's son. We who believe in freedom cannot rest until this happens."
1964

"The development of the individual to his highest potential for the benefit of the group."

We now welcome you to read Women of Courage and to see why we say, it takes courage to stand and attempt to be the first at any endeavor. It takes courage to live a life swimming against the current with no end in sight. It takes courage to begin life anew as a woman at the age of 60. It takes courage to have a baby in a tree; it takes courage to define your own way.

READ and chase fear out of your life.

Do not bury your heads in the sand ladies death will always be upon you if you do not stand up.



Susan B. Anthony

Susan B. Anthony,
Women's Activist

A woman must not depend upon the protection of man, but must be taught to protect herself.

“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that frightens us most. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, and famous?' Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that people won't feel insecure around you. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in all of us. And when we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.”

Used by Nelson Mandela in his 1994 inaugural speech
Maryanne Williamson

Mary Lou Taylor

A Flag for Andy

Andy Muns was a dispersing officer (new paymaster) working aboard the USS Cacapon in the Subic Bay Philippines in 1968. The USS Cacapon was a refueling ship based in the Subic Bay in the Philippines. Subic Baby was the forward staging area for U.S. forces in Vietnam. January 17, 1968 Officer Muns disappeared off his ship. It was assumed by the military that he stole \$8,600 from the ship's safe and went AWOL.

For years Andy Mum's family never heard a word from their son and brother. Mr. Mum's father died at the early age of 57 after suffering for a number of years not knowing what actually happened to his son. He died of a massive heart attack after grieving silently for years for his son. Andy Muns family decided to have him declared legally dead. They requested a flag for the memorial service. The family was told because Andy Muns was not honorably discharged the family could not receive a flag.

Andy Mun's sister, Mary Lou Taylor, became upset when she was refused an official flag for her brother after having him declared legally dead. She wanted her family honor restored. She made up her mind she was going to get a flag for Andy. At her insistence she had the NCIS reopen her brother's case. She could not believe her brother was a thief and a deserter. In the back of her mind she was probably thinking about her father and how he suffered not knowing what happened to his son. Mary Lou Taylor, "It broke my father's heart ... He literally had a heart attack three years later," said Taylor. "I'm not blaming the Navy for his heart attack, but it was harder than just losing a son." The NCIS told Ms. Taylor they needed a good reason to reopen her brother's case. Persistently Ms. Taylor began to search for members of Andy's crew, for anyone who could remember what happened aboard the ship the day Andy disappeared. Finally she accumulated enough evidence that the NCIS reopened Andy Mun's cases. There was \$51,000 in



Senator Dianne Goldman Berman Feinstein,
California
39 years in politics

"Those who doubt the supremacy of the ballot over the bullet can never diminish the power engendered by nonviolent struggles for justice

and equality like the one that made this day possible."

January 20, 2009

Senator Feinstein was the first Californian and the first woman to be assigned to lead the joint congressional committee that was charged with planning the U.S. presidential inaugural ceremony and the luncheon. Senator Feinstein said she marveled at how far the United States has progressed in race relations.

"The doors are open. "And we've got a bright, young, energetic president who happens to be African-American. And the American people are rejoicing. . . . It really is history in the making."

She introduced Barack Obama as the new president at a luncheon at the Capitol by saying, "This nation is in good hands. May those hands remain stable and steady. . . . We salute you, Mr. President."

:

There were 240,000 tickets, available for the inauguration and 5,000 portable and more than 24 jumbo TV screens. Dianne Feinstein was the first female President of the San Francisco Board of Supervisors, San Francisco's first (and, so far, only) female mayor, the first woman to serve in the Senate from California, and the first woman to chair the Senate Rules Committee and Senate Intelligence Committee.

Mcclatchy Newspapers

